



Community Education

ESTRELLA MOUNTAIN  
COMMUNITY COLLEGE

# COMMUNITY EDUCATION



## SPRING 2019 Community Education Classes & 1 Kids Spring Break Kids College Spring Class!

### Kids College Class for Spring Break

#### **Spring Break Fun with Art (Ages 5-8)**

Want to have a fun place for your little ones to learn something new during Spring break? Then this is the art class for them! They can learn to paint on a canvas, create with a gourd, work with clay, and more! Ages 5-8. Please bring an apron to keep clothes clean. MON 274

Monday, Tuesday, Wednesday 3/11, 3/12, 3/13

9:30-11:30am

Section #35996

\$59.00 + \$10.00 Supply Fee

### Art/Photography

#### **Beginning Calligraphy**

Celebrate the art of fine handwriting in this beginner class and add a personal touch to your envelopes, scrapbooking and cards. Supplies required. Please bring a bold or medium tip calligraphy pen (instructor prefers Sheaffer). You can buy a set or one pen-they come with ink cartridges. MON 130

Tuesdays, 2/26-3/26 (No class 3/12)

6:00pm-7:30pm

Section #35937

\$49.00

#### **\*NEW\* Introduction to Fiber Art**

This course will provide beginning instruction in a variety of fiber techniques including surface design embellishment and 3D construction methods. The exploration of materials and techniques will examine both traditional and experimental approaches to fiber as an expressive medium. The structure of the class will provide instruction through demonstrations, group discussion, and individual assistance. Age 15 and over. MON 273

Wednesdays, 1/23-2/27

6:00-8:30pm

Section #36004

\$107.00 + \$50.00 Fee

#### **\*NEW\* Weaving/Tapestry**

This course will provide beginning instruction in weaving methods including weft-faced tapestry and Turkish Knot (carpet) weaving through the use of a small frame loom. The exploration of materials and techniques will examine both traditional and experimental approaches to weaving as an expressive medium. The structure of the class will provide instruction through demonstrations, in-class explorations, and individual assistance. Additional focus on color, design, and texture will help students create dynamic compositions in their work. Age 15 and over. MON 273

Wednesdays, 3/6-4/10 (No class 3/13)

6:00-8:30pm

Section #36005

\$89.00 + \$35.00 Fee

3000 North Dysart Road ■ Avondale, Arizona 85392

[estrellamountain.edu](http://estrellamountain.edu)

623 935 8888

CHANDLER-GILBERT | ESTRELLA MOUNTAIN | GATEWAY | GLENDALE | MESA | PARADISE VALLEY | PHOENIX | RIO SALADO | SCOTTSDALE | SOUTH MOUNTAIN





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## Watercolor Basics

Create. Make. Have fun expressing yourself through this relaxing and rewarding lifelong activity. Have you always wanted to learn to paint with watercolor? Learn new techniques? Learn the basics of how to stretch watercolor paper, different wash techniques, dry brush techniques, wet-in-wet painting, using resists, explore brush techniques, achieve special effects, plan your focal point, learn beginning perspective, composition basics, and much, much more. Paint your own subject, or follow along with the instructor's demonstrations. Students are encouraged to bring inspirational images to paint or items for still life painting.

Note: For beginners 16 and older, as well as for those painters who are more advanced. Supplies required- check website for list.

Tuesdays, 1/22-2/19

MON 274

6:00pm-8:00pm

Section #35030

\$79.00

## Acrylic Painting

Create. Make. Have fun expressing yourself through this relaxing and rewarding lifelong activity. Would you like to paint beautiful landscapes, still lifes, portraits? Have you always wanted to learn to paint with acrylics? Learn new techniques? Learn the basics of how to mix and blend acrylic paint, how to prepare your canvas, brush techniques, plan your focal point, learn beginning perspective, composition basics, and much, much more. Paint your own subject, or follow along with the instructor's demonstrations. Students are encouraged to bring inspirational images to paint or items for still life painting. Note: For beginners 16 and older, as well as for those painters who are more advanced. Some supplies required- check website for list. MON 274

Tuesdays, 2/26-4/2 (No class 3/12)

6:00-8:00pm

Section #35031

\$79.00

## Oil Painting

Create. Make. Have fun expressing yourself through this relaxing and rewarding lifelong activity. Have you always wanted to learn oil painting? Would you like to paint beautiful landscapes, still lifes, portraits? Learn new techniques? Learn the basics of mixing and blending oil paint, glazing, preparing your canvas, underpainting, brush techniques, plan your focal point, beginning perspective, composition basics, and much much more. Paint your own subject, or follow along with the instructor's demonstrations. Students are encouraged to bring inspirational images to paint or items for still life painting. Note: For beginners 16 and older, as well as for those painters who are more advanced. Some supplies required- check website for list. MON 274

Tuesdays, 4/9-5/7

6:00-8:00pm

Section #35032

\$79.00

## Landscape Photography

Delve into landscape image making! Learn how to use the camera and lens to produce images from nature's palette, how to see photographically, and use your camera to its fullest potential. You will also learn the tricks the pros use and what you can do to get published. Cameras should have the ability to be manually set and taken off 'auto'. OCT 101

Fridays, 3/22-4/12

6:00pm-8:00pm

Section #34741

\$65.00



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## **Digital Photography**

Learn to use features on your digital camera and improve your photos in this hands-on class. You will also learn to download photos, explore your camera's features, take pictures and bring them to class for discussion and viewing. OCT 101

Fridays, 2/22-3/8

6:00pm-8:00pm

Section #34740

\$49.00

## **Basic Photoshop**

Learn essential Adobe Photoshop CS5 skills in this step-by-step course. You'll master a wide range of exciting techniques, have fun, and create a portfolio of amazing products. NOTE: Students should know basic computer navigation & internet usage

Mondays, 2/4-3/4 (No class 2/18)

EST S 251

6:30pm-8:30pm

Section #35463

\$65.00

## **Computer**

### **Intro to Microsoft Office & Keyboarding**

Learn how to navigate the Windows desktop, understand files and folders, type better by enhancing keyboarding skills, create Microsoft Word documents (such as flyers, resumes, and certificates), prepare PowerPoint slideshows using creative imagination, learn the basics of Excel, plus how to successfully browse the Internet. Students will be required to submit assignments online using Canvas. 2MB Flash drive required. EST S 252

Mondays, Wednesdays & Fridays 1/23-3/22 (No class 2/18, 3/11, 3/13 & 3/15)

12:00-1:00pm

Section #34737

OR

Mondays, Wednesdays & Fridays 3/25-5/8

Section #34739

\$154.00

## **Languages**

### **Spanish Basics**

Begin to learn Spanish in this course for students who have very limited skills in speaking Spanish or none at all.

Note: If you have already taken this course, try Spanish II. OCT 102

Saturdays, 1/19-2/23

8:00-10:00am

Section #35895

\$79.00



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## Spanish Basics II

Continue to develop skills in understanding and speaking Spanish in a less structured environment for students who have some basic knowledge of Spanish. OCT 102

Saturdays, 1/19-2/23

10:30am-12:30pm

Section #35896

\$79.00

## American Sign Language I

This course will introduce you to American Sign Language. You will learn the alphabet, numbers, and how to finger spell words. If you have ever been interested in this valuable, effective, alternative means to oral communication, this is the ideal way to begin your study. High school age and older. OCT 443 **108- Changed from flyer that was mailed out.**

Saturdays, 3/23-5/4 (No class 4/20)

10:00am-12:00pm

Section #35906

\$85.00

## ESL Foundations LB

This class is for English-as-a-Second-Language learners who would like to improve their basic speaking, listening, vocabulary, grammar, and writing skills. You will practice language to communicate information about typical activities in the home, community, and workplace. For students with a FIR (Future English for Results) score between 1-11.

Mondays & Wednesdays, 2/4-5/8 (No class 2/18, 3/11 & 3/13)

8:15-9:45am

Section #34889 OCT 108

**OR**

5:30-7:00pm

Section #34890 MAR 135

\$159.00

## ESL Foundations HB

This class is for English-as-a-Second-Language learners who would like to improve their basic speaking, listening, vocabulary, grammar, and writing skills. You will practice language to communicate information about typical activities in the home, community, and workplace. For students with a FIR (Future English for Results) score between 12-24.

Mondays & Wednesdays, 2/4-5/8 (No class 2/18, 3/11 & 3/13)

8:15-9:45am

Section #34891 OCT 113

**OR**

5:30-7:00pm

Section #34892 MAR 134

\$159.00



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## ESL Foundations LI

This class is for English-as-a-Second-Language learners who would like to improve their speaking, listening, vocabulary, grammar, and writing skills. You will practice language to communicate information about typical activities in the home, community, and workplace. For students with a FIR (Future English for Results) score between 25-37.

Mondays & Wednesdays, 2/4-5/8 (No class 2/18, 3/11 & 3/13)

11:00am-12:30pm

Section #34894            OCT 103

**OR**

7:15-8:45pm

Section #34896            MAR 135

**OR**

6:00-7:30pm

Section #35141            BKEMCC 132 (*This one class meets at the EMCC Buckeye Educational Center (BEC) which is located next to the Buckeye Union High School at 902 E. Eason Avenue (9th St. & Eason Ave.) in Buckeye, AZ*)

\$159.00

## ESL Foundations HI

This class is for English-as-a-Second-Language learners who would like to improve their speaking, listening, vocabulary, grammar, and writing skills. You will continue to practice and refine your English language skills through vocabulary acquisition, conversation practice and grammar study. Cultural aspects of living in the United States will be covered as well as basic Civics information. For students with a FIR (Future English for Results) score between 38-50.

Mondays & Wednesdays, 2/4-5/8 (No class 2/18, 3/11 & 3/13)

10:00-11:30am

Section #34897            MON 207

**OR**

7:15-8:45pm

Section #34898            MAR 134

\$159.00

## ESL Foundations LA

This class is for English-as-a-Second-Language learners who would like to improve their speaking, listening, vocabulary, grammar, and writing skills. You will continue to practice English language skills through vocabulary acquisition, conversation practice and grammar study. Cultural aspects of living in the United States will be covered as well. For students with a FIR (Future English for Results) score between 51-63.

Tuesdays & Thursdays, 2/5-5/9 (No class 3/12 & 3/14)

10:00-11:30am

Section #34903            MAR 133

**OR**

5:30-7:00pm

Section #34904            MAR 133

\$159.00





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## ESL Foundations HA

This class is for English-as-a-Second-Language learners who would like to improve their speaking, listening, vocabulary, grammar, and writing skills. You will continue to practice English language skills through vocabulary acquisition, conversation practice and grammar study. Cultural aspects of living in the United States will be covered as well. For students with a FIR (Future English for Results) score of 64 or higher.

Tuesdays & Thursdays, 2/5-5/9 (No class 3/12 & 3/14)

8:15-9:45am

Section #34900: MAR 133

### OR

7:15-8:45pm

Section #34901 MAR 133

\$159.00

## Music & Dance

### **\*NEW\* Latin Dance**

Students will learn several Latin dance rhythms to include salsa, cumbia, merengue, bachata and regeton. In each class, students will learn new steps and rhythmic patterns. In a fun and supportive environment, students will gain body awareness, achieve social awareness, build self-esteem as well as learn to be expressive and creative through movement. For students with basic or no dance experience. PAC 105

Saturdays, 1/26-3/2

8:30-10:00am

Section #35899

\$67.00

### **Community Band**

Come join our new Community Band! The emphasis of the EMCC Community Band is on college/community participation and the preparation of band literature for public performance. Auditions are not required. *High School age and older.* Student Union

Thursdays, 1/17-5/9 (No class 3/14)

7:00pm-9:00pm

Section #33791

\$35.00

### **Community Choir**

Come join a fun class that will be singing a variety of songs throughout the community as well as at the college. No audition is required, just a love for singing. Members will be learning good vocal and breathing techniques. *High School age and older. Prior Choir experience is preferred, but not mandatory.* MON 156.

Tuesdays, 1/22-5/7 (No class 3/12)

6:00pm-8:00pm

Section #33792

\$50.00



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## Piano, Beginning Group

Have you ever wanted to learn to play the piano? Well, this is your chance. This class is a basic introduction to playing piano through music reading, chords, rhythmic, and written activities. Prior music experience is not required for Beginning Group Piano; beginners are welcome. Designed for those with little or no piano experience. Prerequisites: None. *High school age and older.* Please bring headphones to plug into piano. MON 156

Mondays, 2/4-4/29 (No class 2/18 & 3/11)

5:00pm-6:00pm

Section #33793

\$89.00 + \$15.00 Fee for book

## Piano, Intermediate Group

This Class is a continuation of Piano, Beginning Group. Prerequisite: Knowledge of note names in Treble and Bass Clef, knowledge of rhythmic note values, ability to play hands together and ability to play using the pedal. *High school age and older.* Please bring headphones to plug into piano. MON 156.

Mondays, 2/4-4/29 (No class 2/18 & 3/11)

6:15pm-7:15pm

Section #33794

\$89.00 + \$19.00 Fee for book

## Guitar, Beginning

Beginning guitar is taught in a supportive, non-competitive environment. Students will learn to read music, play basic chords, and learn picking and strumming patterns. Students need to bring a guitar, picks, and a tuner. NOTE: Ages 16 and up. Student Union

Tuesdays, 2/12-5/7 (No class 3/12)

6:15pm-7:15pm

Section #33796

\$85.00 + \$10.00 Book fee

## Guitar, Intermediate

Students will learn advanced chord patterns (including bar chord), scale progressions and advanced finger picking and strumming patterns. In addition to being exposed to Lead and Rhythm guitar styles students will also learn advanced tablature music notation for music styles such as rock, alternative rock, heavy metal, jazz, blues, and country. Students will receive an introduction to guitar effects as well as the use of the guitar capo. Students need to bring a guitar, tuner, guitar capo, and picks (guitar amp for electric guitars). Optional: Guitar effect pedal(s). Ages 16 and up. Room: Student Union

Tuesdays, 2/12-5/7 (No class 3/12)

7:30pm-8:30pm

Section #33797

\$85.00

## Mariachi

Have you ever wanted to play in a mariachi band? Well, this is your chance! Explore mariachi music in an ensemble setting while learning musicianship, tradition, and culture. Some musical experience is preferred but not required. Ages 15 & up. MON 156.

Wednesdays, 2/13-4/24 (No class 3/13)

6:00pm-8:00pm

Section #33795

\$95.00



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## Personal Enrichment

### **\*NEW\* Mastering Public Speaking**

Mastering Public Speaking engages participants in the principles, practice, and ethics of public speaking — both as speakers and as listeners. Learn how to examine your audience, implement rhetorical strategies, and deliver your message with effectiveness and confidence. Become a more persuasive and confident speaker who creates a powerful, emotional audience connection.

Tuesdays, 1/22-2/5

5:00-7:00pm

Section #35950            OCT 107

**OR**

Saturday, 2/9-2/23

9:00am-11:00am

Section #35949            OCT 106

\$49.00

### **Retirement Answers 101**

Learn about the key areas of planning for retirement and how to use a holistic approach for retirement planning. Understanding how the impact of your decisions on the key areas of retirement is vital to your overall financial success. Through examples, exercises, and case studies, you'll discover how to take control of your finances and position yourself for a brighter financial future. Will use comprehensive interactive educational materials that are both your guide to the course and a valuable reference t tools for the future. A Social Security "Timing Analysis" report is also included. Book included. OCT 108

Saturdays, 2/9-2/16

9:00am-12:00pm

Section #35411

\$49.00

### **Medicare: All You Need to Know**

Everything you wanted to know about Medicare, but were afraid to ask. This course will explain and provide examples of the following: When to apply; Medicare Options; Medicare Costs; Medicare Advantage and Medicare supplement plans; Medicare Prescription drug coverage; What is MOOP? What is the ACA impact on Medicare? The instructor will answer frequently asked questions, such as: Can I keep my insurance and use Medicare? Can I continue to see the doctor I see now? What does Medicare cover? When can I change Medicare plans?

Wednesday, 3/27            OCT 101

5:15pm-6:30pm

Section #35423

**OR**

Saturday, 3/30            OCT 102

10:00am-11:15am

Section #35424

Free – Please register in advance!





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## Basic Life Support- CPR for Healthcare Providers

This course meets current International Liaison Committee on Resuscitation (ILCOR) standards and American Heart Association guidelines for one and two rescuer cardiopulmonary resuscitation (CPR) and obstructed airway procedures on the adult, infant, and pediatric victim. Use of automatic external defibrillation and resuscitation equipment. Room: SWSC 138.

**Friday: 8:00am-12:00pm**

1/11/19 #36032

3/8/19 #36035

5/10/19 #36037

**Friday: 5:00-9:00pm**

2/8/19 #36034

4/12/19 #36036

\$50.00

## Put Your Business Ideas in Motion

Have you been considering starting your own small business but are unsure of where to begin? Don't miss out on this NO COST seminar that is designed to help entrepreneurs understand what it takes to start a business! You will be provided with information about Startup Fundamentals, Marketing and Business Planning, Financing, Licenses, Business Structures, Regulations and more. Once you have successfully completed this session, you will be better able to decide if your business idea is worth pursuing, and you will be armed with the information necessary to continue onward with your business endeavor!

Thursdays OCT 101

4:00-5:30pm

1/10/19 #39544

OR 2/7/19 #35846

OR 3/07/19 #35847

OR 4/11/19 #35848

OR 5/9/19 #35849

Each single session is free, but please register so that we will know how many will attend.

## Workforce Development

### Dental Assisting

The 80-hour Dental Assisting Program prepares students for entry-level positions in one of the fastest growing health care positions - Dental Assisting. The purpose of this course is to familiarize the student with all areas of pre-clinical dental assisting and provide training in the professional skills required to function as an assistant in the dental practice. In addition to entry-level administrative jobs, this course is ideal for students interested in pursuing a future formal Dental Hygienist program. The program includes graded quizzes and exams. Textbooks included. OCT 109

Mondays & Wednesdays, 2/11-5/8 (No class 2/18, 3/11 & 3/13)

6:00pm-9:30pm

Section #34552

\$1,499.00





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## Pharmacy Technician

This comprehensive 72-hour program will prepare students to work as a pharmacy technician in a retail or other pharmacy setting and to take the Pharmacy Technician Certification Board's PTCB exam. Course content includes: pharmacy medical terminology, the history of pharmacy, the pharmacy practice in multiple environments, pharmacy calculations and measurements, reading and interpreting prescriptions and defining drugs by generic and brand names. Through classroom lecture and hands-on labs, students will review dosage calculations, drug classifications, the "top 200 drugs", I.V. flow rates, sterile compounding, dose conversions, aseptic technique, the handling of sterile products, total parenteral nutrition (TPN), dispensing of prescriptions, inventory control and billing and reimbursement. Textbooks included. Room: OCT 107

Tuesdays & Thursdays, 2/12-5/9 (No class 3/12 & 3/14)

6:00pm-9:00pm

Section #34553

\$1,199.00

## **\*NEW\*** EKG Technician Certification Program

This comprehensive 50 hour EKG Technician Certification Program prepares students to function as EKG Technicians and to take the ASPT – Electrocardiograph (EKG) Technician exam and other National Certification Exams. This course will include important practice and background information on anatomy and physiology of the heart, medical disease processes, medical terminology, medical ethics, legal aspects of patient contact, electrocardiography and stress testing. Additionally, students will practice with EKG equipment and perform hands on labs including introduction to the function and proper use of the EKG machine, the normal anatomy of the chest wall for proper lead placement, 12-lead placement and other clinical practices.

Saturdays, 2/9-4/27 (No class 3/16 & 4/20)

9:00am-2:30pm

Section #34548

\$999.00

## **\*NEW\*** Career Step Online Classes

Career Step is an online school offering career-focused education designed to help students quickly enter the workforce. The school is committed to providing the best online education experience, incorporating interactive learning tools such as hands-on practice, videos, games, forums, and chat rooms into its curriculum. Students also have one-on-one access to instructors who have years of experience actually working in the positions students are training for. After graduation, students have access to comprehensive graduate resources such as resume reviews, interview tips and tutorials, and new job opening notifications to help them successfully transition from education to employment. <https://partner.careerstep.com/emcc>

Classes offered online:

Healthcare IT

Medical Administrative Assistant with EHR

Medical Office Manager

Medical Transcription Editor

Physical Therapy Aide

Physical Therapy Office Professional



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## Physical Fitness

### **Body Dynamics**

Join this experience in blending body, mind, and spirit wellness combining elements of yoga, Pilates, and meditation using balance, memory, strength, and breathing. ST UNIONEX

Mondays, Wednesdays, & Fridays, 1/14-5/8 (No class 2/18, 3/11, 3/13 & 3/15)

8:00-8:55am

Section #35510

\$170.00

OR Session #1

Mondays, Wednesdays, & Fridays, 1/14-3/8 (No class 2/18)

8:00-8:55am

Section #35560

\$85.00

OR Session #2

Mondays, Wednesdays, & Fridays, 3/11-5/8 (No class 3/11, 3/13 & 3/15)

8:00-8:55am

Section #35561

\$85.00

### **PED Student-Child Watch**

This class is for students who are enrolled in fitness classes at the YMCA. The class covers the use of the Child Watch Services at the facility. Class meets off-campus at the YMCA: Southwest Valley Family, 2919 N. Litchfield Rd. Goodyear, AZ (on NE corner of Litchfield & Thomas)

Monday through Friday, 1/14-5/8

7:00am-8:00pm

Section #35562

\$25.00

### **Registration, Enrollment, and Payment**

You may register at our campus or by calling 623-935-8888-choose option #1. Payment can be made by cash, check or credit card. Payment is required at the time of registration to ensure your place in class. Class sizes are limited, enroll early. Please respect the age requirements for each class. We reserve the right to cancel a class if the minimum enrollment is not met.

### **Refunds & Policy Information**

Class fees will be refunded in full for classes cancelled by EMCC. Class fees will also be refunded if students withdraw from a class the day before the first meeting. Failure to attend class does not guarantee withdrawal or being eligible for a refund. Students may withdraw from a class by calling 623-935-8888.

**Please check our website for any Changes or Additions:**

<http://www.estrellamountain.edu/community-education>