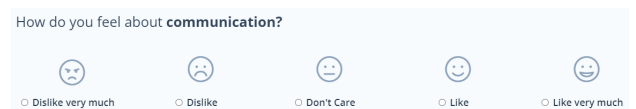


The Career and Transfer Center is here to help you begin exploring your options so that you can make an informed decision regarding your future goals and your educational journey!

We offer various assessments that will allow you to begin exploring your personality and learning style as well as your interests and how those might connect to your future career goals.

Estrella Mountain Community College is partnered with Pipeline AZ - <https://mcccd.pipelineaz.com/> - which is both a career interest profiler and a job search board. Here, you can take an Interests Assessment (about 5 minutes) that will help you to begin exploring pathways *and* you can use your results to connect to current job postings that match!

Once you create a profile you can select "Career Exploration" from the top menu and then "Assessment." As you go through the questions, you will click the emoji that best describes your feelings on the subject.



Upon completion, you will get a list of your top Fields of Interest (FOIs) and your top matching careers.

Another career assessment that we use is the O*Net Interest Profiler - <https://www.mynextmove.org/explore/ip>. This assessment features 60 questions and asks how you feel about a range of activities. After you finish, you get a list of your interests, ranked, based on the Holland Code.

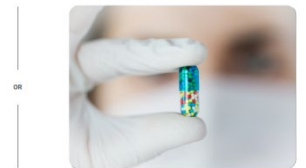


This includes interests that are Realistic, Investigative, Artistic, Social, Enterprising, and Conventional. Each of these will be given a score and you can click on each to discover types of careers that might suit you based on those interests.

If you are more visual, ASU has created an online game called me3 - <https://yourfuture.asu.edu/me3> - that will allow you to judge photos based on which one appeals to you more.

Select "college student" and then "Play now" to start the game. Remember that you are choosing the best case and not whether or not you have the education or training currently.

Once you are done, you will receive your top three options for a career and you can register with ASU to receive all 25 options. You do not need to be an ASU student to take this test and you do not need to have plans to attend ASU to create an account with me3.



We can help you make sense of all of these results! Please visit the Career and Transfer Center for additional help understanding potential options for your future careers and what might best fit your interests and lifestyle.

Email us here: career.services@estrellamountain.edu

Schedule an appointment here: <https://bit.ly/ctcappts>

Now the fun stuff - how much do you know about yourself?

Who are you outside of school and your future career options?

You can take an abbreviated version of the Myers Briggs Type Indicator (MBTI) - <http://www.humanmetrics.com/cgi-win/jtypes2.asp> - which is a self-report inventory (meaning you answer the questions yourself) designed to identify a person's personality type, strengths/weaknesses, likes/dislikes, possible career preferences, and compatibility with other people. This will categorize you as either an extrovert or an introvert (E or I), whether you are sensing or intuitive (S or N), thinking or feeling (T or F), and judging or perceiving (J or P). You will get a four-letter combination (like ESTJ, for example) that describes your personality type as well as information that caters to your "type."

You can then explore 16Personalities - <https://www.16personalities.com/personality-types> - to find more about your personality type and what sort of career paths might work well for you based on your type.

You can also learn your character strengths using the Via Character Strengths survey - <https://www.viacharacter.org/>. This will ask you a series of questions that you rate on a scale of how much *like you* the statement is.

Once complete, you get your top list of strengths ranked from 1 to 24. This will include things like humor, fairness, honesty, leadership, and creativity, among many others. This test will also give you hints for how to express these important strengths in your life to make you happier, less stressed, more productive, and better connected to others!

Then you can learn your True Color - <https://my-personality-test.com/true-colours>. This will also ask you a series of questions to rank what is most important to you.

Once complete, you will learn your *color* which explains what motivates you: emotion, loyalty, adventure, or logic. This can help you decide what type of work you may want to do in the future as those run by logic and data may not do well in a company that prides itself on its chaotic nature.

Finally, just because it's interesting to know - do you know your learning style? The VARK questionnaire - <https://vark-learn.com/the-vark-questionnaire/> - will allow you to select the ways you best learn different types of information in different scenarios. You can choose more than one if they apply to you. This test is 16 questions and will provide you with your top learning style based on the following: Visual, Aural, Read/Write, Kinesthetic, or Multimodal. This will likely be similar to the MBTI in that you will have multiple letters that give you a more detailed response. Perhaps you are both visual and kinesthetic, you would get the type "VK". They will also provide you with strategies for success within your given style.

Feel free to complete any or all of these tests - they are all free - and provide your results to your team for help in choosing a major or career. Remember, the more you know about yourself, the better the chance that you end up in a career that you love that fulfills your passions!

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