



Hope Center Survey of **Student Basic Needs**

688
respondents

Spring 2023





OUR STUDENTS

our students

49% attend part-time

43% have been in college (any college) for 1 year or less

41% 2-4 years

12% 5 more more years

29% stopped attending at one time without first completing a degree or certificate





OUR STUDENTS

our students

81% own their own computer used for school work

6% are using a smartphone

10% are using public devices or borrowed devices





OUR STUDENTS

our students

71% are working

10% are working more than one job

26% have children

25% are caring for someone regularly





our students

61% drive to campus

28% don't regularly go to campus



OUR STUDENTS

our students

14% do not have health insurance

16% are not US citizens

2% have been in foster care

3% are veterans

1% have been incarcerated previously





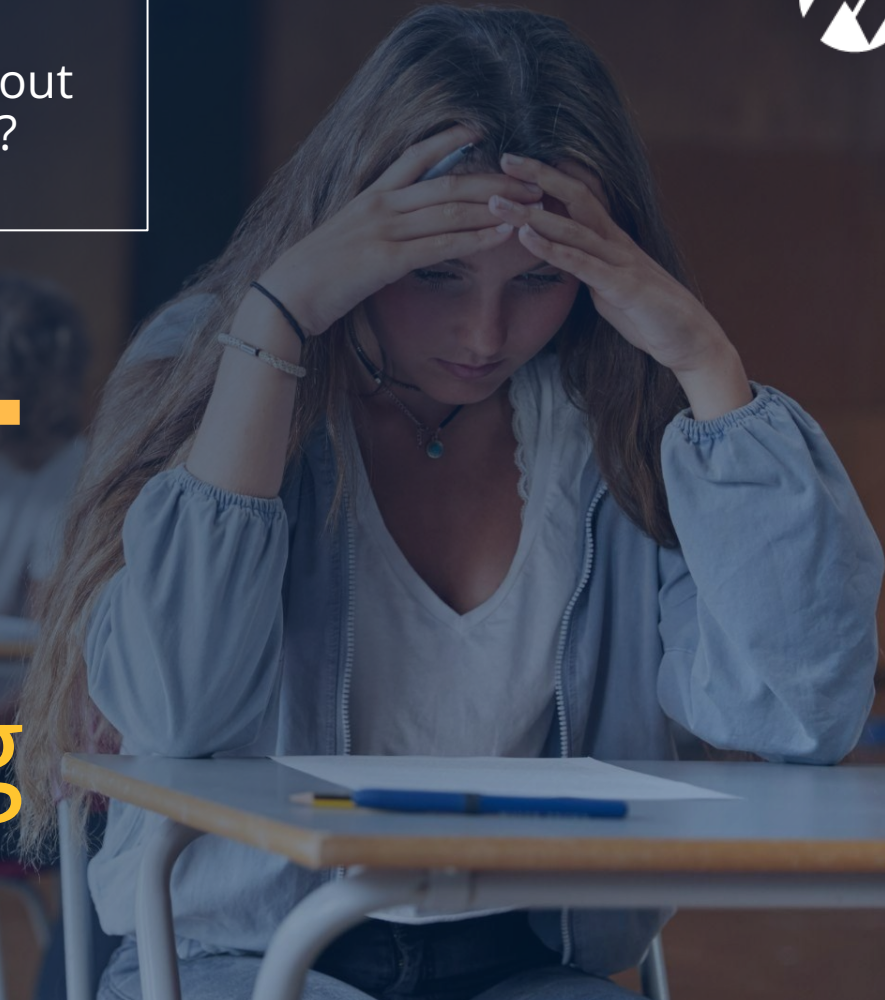
**What does the world need
to know about what it's
like to be a college student?**





What does the world need to know about
what it's like to be a college student?

STRESSFUL
expensive
HARD
great
challenging





Childcare Support

89% Childcare is Unaffordable

18% Missed Class 3+ Days Due to lack of Childcare





Food & Housing Insecurities

40%

Experiencing
Food Insecurity



48%

Experiencing
Housing Insecurity

11%

Experiencing
Homelessness





Housing & Food Insecurities are more common among...

- ▶ **American Indian & Black Students**
- ▶ **Gender Diverse, Transgender & Female Students**
- ▶ Students **Over Age 26**



Phoenix Area Inflation Rates

July 2023

Food, shelter and medical expenses are becoming more expensive



[CRONKITE ARTICLE](#)

Food Insecurities

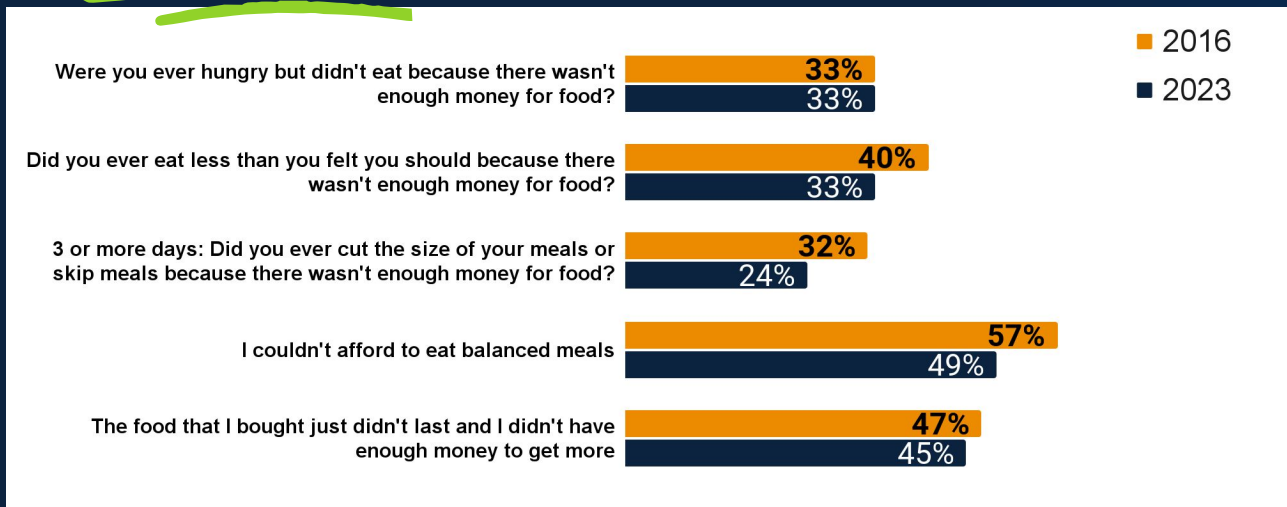
- ▶ Can't afford a balanced meal
- ▶ Ran out of food
- ▶ Can't eat because there isn't enough money





Food Insecurities

have decreased since 2016



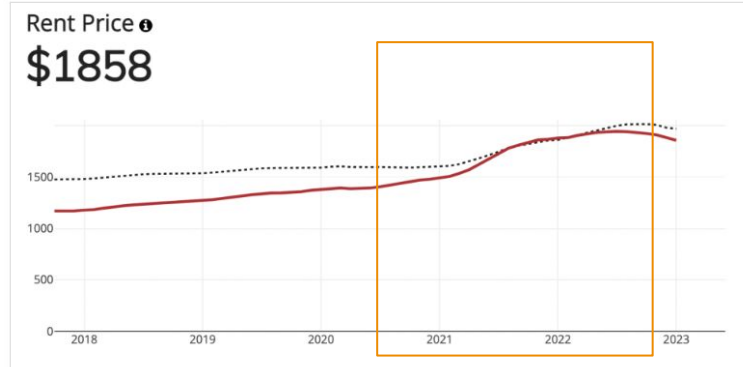
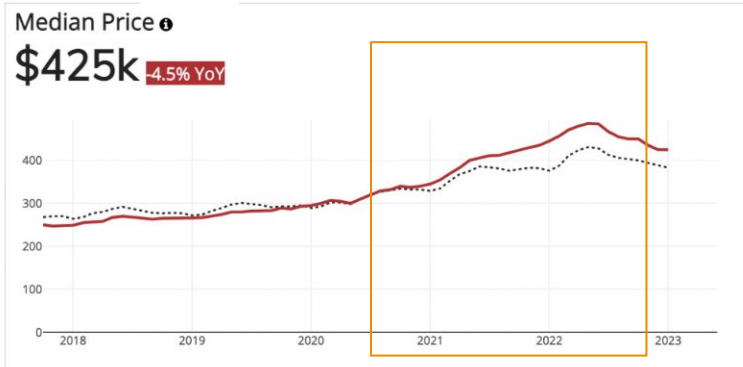
Housing Insecurities

- ▶ Housing costs have increased in the past year





Housing Prices Increased Substantially in 2021-2023





Housing Insecurities

have increased since 2016

+4% since 2016





From our students...

"It is **challenging** to do when you do not have a steady income. With **cost of living (housing, food, utilities) increase**, along with tuition it is nearly impossible for most college students to get by. It is a **negative impact on mental health** & well being. Our time is dedicated to meeting **enough money to barely get by**, to afford all of our essential finances. We do not have enough time to focus on ourselves."

"Being a college student is one of the best things for people to become, because there is so much to offer besides just our classes and a degree. However, being a college **student comes second to surviving** and many students end up having to leave because they face financial, housing, food, medical, and other **crisis's that impact their ability to learn.**"

"It is **tough to attend college** and to have a social life. You spend all your time studying and working. Also **tuition is expensive** as well as housing and food and personal necessities especially with inflation. **College can be very overwhelming.** Classes are often provided in the morning giving you very little flexibility for work."



Students experience food & housing insecurity are much more likely to experience anxiety, depression and poor physical health.





Mental Health

Research has shown that poor mental health impacts college outcomes





Mental Health

38%

Experiencing
Depression

23%

Experiencing
Anxiety

24%

Have Unmet Mental
Health Needs





In the last 4 weeks,
57% of students
said their academic performance was
**impacted by mental or emotional
difficulties**



Mental Health Barriers

- ▶ Availability
- ▶ Awareness
- ▶ Financial
- ▶ Social





Mental Health Preferences

- ▶ In-Person Counseling
- ▶ Teletherapy
- ▶ Support from Friend or Family
- ▶ Primary Care Professional





Mental health issues are more common among...

- ▶ **American Indian students** - and also White, Black and Hispanic students
- ▶ **Gender Diverse, Transgender & Female** Students
- ▶ Students **Under Age 30**



From our students...

"I **had to drop classes** because I couldn't afford to pay for them and I became months behind on all off my bills. Handling the stress of all of that plus trying to go to school and work was **no-good on my mental health**. I made it through, I am still very **behind on bills**, and still not working very much, but I am **trying to survive** as best as I can."

"Being a college student **takes sacrifice**. Not everyone was raised in the ideal home, and many struggle. College is a choice, a choice made by some but not all. Those who choose to go through college are the ones who **seek to better themselves** and aspire to be successful. College presents many difficulties including **financial burden, mental stress, and everything in between**. Being a college student is **not easy... but it is worth it** if you put the time and effort in."

"The cost of living vs pay has caused the **homeless population to increase** more than I've seen in my 46 years of living. The **choice between education, food, medicine or a home** should never leave a parent so stressed they become ill physically and/or mentally. We need to further our education to obtain employment however the **cost for an education in America is unobtainable** to more than half of this great nation."



Resources

- ▶ College Reports
- ▶ [Dashboard](#)
- ▶ [Campus Profiles](#)



2023:
BASIC NEEDS SURVEY

REPORT FOR
COMMUNITY COLLEGE

Center Publication
Aug 2023

MARICOPA COMMUNITY COLLEGES

Detailed Campus Profile

Search: []

Average Scores for Accessibility and Mental Health Metrics for All

Metric	Score	Target
Avg. Accessibility Score (2019-2022)	4.2	4.5
Avg. Accessibility Score (2020-2022)	4.1	4.5
Avg. Accessibility Score (2021-2022)	4.0	4.5
Avg. Accessibility Score (2022)	3.9	4.5
Avg. Mental Health Score (2019-2022)	3.8	4.0
Avg. Mental Health Score (2020-2022)	3.7	4.0
Avg. Mental Health Score (2021-2022)	3.6	4.0
Avg. Mental Health Score (2022)	3.5	4.0

Standard Accessibility and Mental Health Outcomes by Department

Department	Accessibility	Mental Health
Accounting	4.5	4.0
Business Administration	4.2	3.8
Computer Science	4.0	3.5
Health Services	4.8	4.2
Humanities	4.1	3.9
Information Systems	4.3	3.7
Mathematics	4.0	3.6
Natural Sciences	4.1	3.8
Physical Education	4.4	4.1
Public Safety	4.6	4.0
Social Sciences	4.2	3.9
Transfer Studies	4.3	4.0
Visual Arts	4.1	3.8

Ranking and Performance for Mental Health Services

Service	Score	Target
Admission	4.5	4.5
Academic Support	4.2	4.5
Career Services	4.0	4.5
Financial Aid	4.1	4.5
Health Services	4.8	4.5
Human Resources	4.3	4.5
Information Technology	4.4	4.5
Legal Services	4.2	4.5
Library	4.1	4.5
Student Services	4.6	4.5
Transfer Services	4.3	4.5
Workforce Development	4.4	4.5

